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ABSTRACT

A stratified random sample of 538 students at Sauk Valley Community College in Illinois were surveyed in class about their attitudes and behaviors regarding alcohol, sex, and exercise. Study findings included the following: (1) one-half of the respondents indicated that they never read the student newspaper, and 22% that they rarely read it; (2) talking with a friend was the preferred method of getting information about alcohol and sex for single students; (3) 21.1% of the students felt that drinking was never a good thing; 30% felt that drinking was "OK," but a person should never get "wasted", and 42.5% felt that an occasional "drunk" was OK as long as it does not interfere with responsibilities; (4) 27% of the male respondents reported consuming 10 or more drinks at parties, compared to 4% of the female respondents; (5) 24% of respondents under the age of 18 admitted to mixing alcohol and other drugs, and 32.7% of the males admitted to the same; (6) 58.5% of males and 39.3% of females had driven while intoxicated; (7) 81% of the respondents reported that they had engaged in sexual intercourse, and 31% reported having had multiple partners in the past year; (8) although many respondents, especially the younger ones, indicated that they were quite active sexually, many of them were of the opinion that other students were more active than they; (9) less than 1% of the respondents reported having contracted a sexually transmitted disease; (10) 9% of the 18-20 year olds reported having experienced an unwanted pregnancy; (11) of the single respondents who had sexual intercourse at least once in the past 30 days, 38% never used a condom; (12) 76% of the students exercised, with the norm being 3 hours a week; (13) older respondents and females were more likely to consider themselves overweight; and (14) 93% of the respondents expressed some interest in a fitness center on campus, and 57% were willing to pay for using one. The survey instrument is appended. (KP)

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ED 379 041

A REPORT ON THE ATTITUDES AND BEHAVIORS OF SAUK VALLEY COMMUNITY COLLEGE STUDENTS REGARDING ALCOHOL, SEX, AND EXERCISE

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March 1995

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PURPOSE:

The purpose of this study was to determine the attitudes and behaviors of Sauk Valley Community College (SVCC) students regarding their health. The results will be the basis for special health programs and services for students.

METHODOLOGY:

During the Fall, 1994 semester, students in randomly selected classes at SVCC were asked to complete a questionnaire regarding their personal behavior and attitudes toward alcohol use, sexual activity, and health and exercise. The sample was further stratified to include a proportional representation of morning, afternoon, and evening classes. Based on the estimated population (3000) and the sample size (538), there is a 99% probability that the results would not vary more than 5% from the total student body. To determine group differences, selected responses were cross-tabulated by age, gender, and marital status.

SUMMARY:

Very few respondents read the Signal, the student newspaper; however, students who were at SVCC more than three semesters read it slightly more than others.

Most respondents preferred to get information about alcohol and sexual issues from friends. Married respondents preferred pamphlets and health care providers.

Approximately one of five respondents felt that drinking was never a good thing to do; however nearly three-fourths considered

drinking "OK" as long as it didn't interfere with academics and other responsibilities or as long as one didn't get "wasted".

Among those who drank last year, over four-fifths were of the opinion that drinking was OK as long as that it didn't interfere with other responsibilities or as long as one didn't get "wasted".

Approximately one-fourth of all respondents and one-third of the male respondents indicated that they mixed other drugs with alcohol.

Younger students and males drank more and "partied" more hours than older students and females.

In addition to mixing other drugs with alcohol, fighting and memory loss were major results of excessive drinking.

There appeared to be a direct relationship between drinking and sexual intercourse by force, especially among younger, students.

Over 20% of the respondents under the age of 18 had engaged in sexual intercourse more than ten times within the past 30 days. None of the under age 18 respondents were married.

Over one-third of the respondents under the age of 18 had more than one sexual partner within the past year.
Over 10% of the married respondents had more than one sexual partner within the past year.

Most respondents were of the opinion that other students drank more and engaged in sexual activities more than they (the respondents) did.

Birth control pills were the leading choice of preventing pregnancies among single respondents; marrieds preferred sterilization.

The more sexually active the respondent, the less likely he or she was to use condoms.

Approximately three-fourths of the respondents exercised regularly, males more than females.

Females were more likely than males to consider themselves overweight.

Over one-half of the respondents were interested in a fitness center and were willing to pay for using one.

GENERAL CHARACTERISTICS:

Nearly one-half (48%) of the respondents were new to Sauk, 10% completed one semester, and 13% had attended five or more terms. Nearly all (91%) were full time students, but there was a tendency for longer term students to be part timers; sixty percent of those who attended for five or more terms were part time students. Most (60%) were female and 16% were married. Also, 60% of the female respondents were married; however, older respondents were the ones most likely to be married. One half of the ones aged 25 or older were married while none of those under 18 were. The following tables show the respondents' age, gender, semesters at Sauk, and marital status.

Semesters at SVCC

Semesters Attended	Percent
New to Sauk	48.5%
One	10.0
Two	5.9
Three	16.5
Four	5.7
Five or more	13.4

Age	Percent	Married
Less than 18	15.7%	0.0%
18 - 19	52.4	3.6
21 - 24	11.0	20.7
25 - 30	7.3	51.3
31 - 40	10.6	54.4
41 - 50	2.8	60.0
51 or older	0.2	100.0
Mean Age	22.2	
Median Age	19.1	

Gender	Percent	Married[1]
Male	39.5%	11.0%
Female	60.5	18.8

Note: 40% of the married respondents were male; 60% were female.

Very few respondents read the Signal, the student newspaper. One-half never read it, and another 22% rarely read it. Very few (3%) indicated that they always read it. However, it appears that the longer the respondents attended Sauk, the more likely they were to read the paper. For example, two-thirds (67%) of those who were in their first term at Sauk never read the Signal compared to only 25% of those who had attended for five or more semesters. The following table shows Signal readership by terms attended.

How Often Read Student Newspaper

Terms Attended	Always	Sometimes	Rarely	Never
New to Sauk	2.0%	15.0%	15.8%	67.2%
One	3.8	18.9	15.1	62.3
Two	0.0	32.3	29.9	38.7
Three	2.3	40.7	31.4	25.6
Four	10.3	41.4	32.4	25.4
Five or more	4.2	38.0	32.4	25.4

Talking with a friend was the preferred method of getting information about alcohol and sexual issues followed by other means and pamphlets respectively. However, there were differences by marital status. Singles preferred to talk with friends while marrieds preferred pamphlets followed by other means, and counseling (12%). Also, one of ten married respondents preferred books, newspapers, and friends. Male respondents, other than talking with friends, preferred to receive information from newspapers (11%) while females preferred pamphlets (17%). The next table shows the respondents' preferences by marital status.

Preference for Receiving Information about Alcohol and Sexuality Issues

PREFERENCES	Married	Not Married
Speaker series	11.0%	6.8%
Books	11.0	6.1
Talking with friends	11.0	39.8
Newspapers	11.0	7.8
Credit courses	1.2	3.1
Talking with trusted adult	3.7	7.3
Counseling staff/Health care provider	12.2	3.8
Workshops	1.2	1.2
Pamphlets	19.5	11.5
Other means	18.3	12.7

Academically, all respondents appeared to be doing well. Of those who had established a GPA, approximately nine of ten respondents (89%) estimated their GPA at 2.500 or better. However, second semester students appeared to do better than the

others. Nearly 3/4 (70%) of the second semester respondents reported having a GPA of 3.00 or higher, compared to approximately 50% of the other respondents. The next table shows their GPA by terms attended.

Terms Attended	3.50-4.00	3.00-3.40	2.50-2.90	2.00-2.40	Less 2.40	N/A[1]
New to Sauk	7.9%	22.2%	14.6%	2.0%	0.8%	52.8%
One	20.8	30.2	17.0	0.0	1.9	30.2
Two	40.0	30.0	16.7	6.7	3.3	3.3
Three	24.4	24.4	30.2	11.6	4.7	4.7
Four	20.0	16.7	50.0	13.3	0.0	0.0
Five or more	21.6	31.0	29.6	12.7	4.2	1.4

Note: NA means that no GPA has been established.

ALCOHOL USE, ATTITUDES, AND PERCEPTIONS:

Slightly more than three-fourths (76%) of the respondents reported having consumed alcoholic beverages sometime last year. As to personal attitudes toward drinking, one out of five (21%) felt that drinking was not a good thing; 30% felt that drinking was "OK" but one should never get "wasted," and 42% were of the opinion that an occasional "drunk" was OK as long as it didn't interfere with other responsibilities. Very few (6%) were of the opinion that whatever the individual wanted to do was OK.

Among those who reported as having drunk last year, the picture changed significantly. Of this group only 7% felt that drinking was not a good thing to do and over half (54%) felt that an occasional "drink" was "OK" as long as it didn't interfere with academics and other responsibilities. However, less than a tenth of them (9%) favored irresponsible drinking. The following tables show the respondents' attitudes about drinking and their perceptions of others' drinking habits. There were differences. Approximately one in five (21%) of the respondents felt that

drinking was never a good thing to do; however, they thought that over one-third (35%) other students felt that way about drinking. Conversely, about one in twenty (5%) respondents felt that an occasional drunk was ok if that is what the individual wanted to do, but thought that one in ten (11%) other students approved of such behavior.

Did you drink at last year?

Yes	76.2%	males	(yes) 40%	Under the age of 21	(yes) 68%
No	23.8	females	(yes) 60%	Age 21 and over	(yes) 32%

Attitudes toward drinking by all students

ATTITUDE	Individual Students	Perceptions of College
Drinking is never a good thing to do	21.1%	35.1%
Drinking is all right but a person should never get "wasted"	30.3	12.6
An occasional "drunk" is OK as long as it doesn't interfere with academics and other responsibilities	42.5	34.2
An occasional "drunk" is OK even if it does interfere with academics and other responsibilities	1.5	7.0
A frequent "drunk" is OK if that's what the individual wants to do	4.7	11.1

Attitude toward drinking by students who drank last year

ATTITUDE	Individual Students	Perceptions of College
Drinking is never a good thing to do	7.2%	30.5%
Drinking is all right but a person should never get "wasted"	30.4	12.5
An occasional "drunk" is OK as long as it doesn't interfere with academics and other responsibilities	54.5	39.9
An occasional "drunk" is OK even if it does interfere with academics and other responsibilities	2.0	6.9
A frequent "drunk" is OK if that's what the individual wants to do	5.9	10.5

In some respects, younger students and males were more liberal in their attitudes toward drinking than were older students, but in other areas, older respondents were more

liberal. Among those who drank last year, two-thirds (66%) of those under the age of 18 were of the opinion that an occasional drunk was OK as long as it didn't interfere with academics or other responsibilities. Somewhat over one-third (38%) of those between the ages of 30-40 held this view and only one in ten of those over age 40 supported it. On the other hand, however, less than one-fifth (18%) of those under the age of 18 felt that drinking was OK, but one should never get "wasted". Conversely, over one-half (53%) of those between the ages of 30-40 thought that drinking was OK, and 60% of those over the age of 40 held the same view. It appears that older students condoned "social drinking" while younger students were more attuned to "binges". Also, males were more apt to be in favor of binge drinking than females.

Over one-third (36%) of the female respondents were of the opinion that drinking was OK, but one should never get wasted compared to approximately one-fourth (23%) of the males. But, well over one-half (59%) of the males felt that an occasional drunk was OK as long as it didn't interfere with academics and other responsibilities compared to 52% of the females. Also, more males (9%) than females (4%) were in favor of frequent drunks if that's what the individual wanted to do. The following tables show the respondents' attitudes toward drinking by age and gender.

Attitude toward drinking by students who drank last year

ATTITUDE	(AGE) Under 18	18-20	21-24	25-30	31-40	40 +
Drinking is never a good thing to do	13.1%	5.6%	3.8%	6.5%	5.9%	30.0%
Drinking is all right but a person should never get "wasted"	18.0	27.1	35.8	35.5	52.9	60.0
An occasional "drunk" is OK as long as it doesn't interfere with academics and other responsibilities	65.6	57.5	50.9	48.4	38.2	10.0
An occasional "drunk" is OK even if it does interfere with academics and other responsibilities	0.0	2.3	1.9	6.5	0.0	0.0
A frequent "drunk" is OK if that's what the individual wants to do	3.3	7.5	7.5	3.2	2.9	0.0

Attitude toward drinking by students who drank last year by gender

ATTITUDE	Male	Female
Drinking is never a good thing to do	5.6%	8.3%
Drinking is all right but a person should never get "wasted"	22.8	35.5
An occasional "drunk" is OK as long as it doesn't interfere with academics and other responsibilities	58.6	51.7
An occasional "drunk" is OK even if it does interfere with academics and other responsibilities	4.3	0.4
A frequent "drunk" is OK if that's what the individual wants to do	8.6	4.1

Similar patterns were seen in how long students "party" and in how much they drink when they party. Younger students tended to party longer and drink more when they did party. One-fifth of the respondents under the age of 18 reported drinking 10 or more drinks at parties compared to 6% of those between the ages of 25-30 and none for those over the age of 30. However, moderation appeared to be the norm.

Over one-half (52%) of those between the ages of 25-30 liked to consume between three and five drinks at parties and somewhat over one-third (38%) of those under the age of 18 did the same.

One-fourth of those under the age of 18 limited themselves to only one or two drinks at parties along with one-third of those between the ages of 30-40 and 80% of those over the age of 40. Also, males drank more than females.

Over one-fourth (27%) of the male respondents reported consuming ten or more drinks at parties compared to less than one of 30 (4%) female respondents. Also, females were more likely than males to limit their drinking. Over one-fourth (26%) of the female respondents limited themselves to one or two drinks compared to only 14% of the males. The following tables show the drinking habits by age and gender and one other disturbing fact: <u>There is a large amount of drinking done by persons under the legal age of 21</u>.

<u>Number of Drinks at parties by age and gender</u>.

		(NUMBER OF DRINKS)				
AGE	Don't Party	0	1 or 2	3 to 5	6 to 9	10 or more
Under 18	3.3%	1.6%	24.6%	37.7%	13.1%	19.7%
18 - 20	4.7	2.3	15.0	34.6	29.0	14.5
21 - 24	1.9	3.8	20.8	32.1	26.4	15.1
25 - 30	0.0	0.0	29.0	51.6	12.9	6.5
31 - 40	15.2	6.1	33.3	33.3	12.1	0.0
41 +	10.0	0.0	80.0	10.0	0.0	0.0

		(NUMBER OF DRINKS)				
Gender	Don't Party	0	1 or 2	3 to 5	6 to 9	10 or more
Male	3.7%	1.9%	13.7%	24.2%	29.2%	27.3%
Female	5.4	2.9	26.4	43.0	18.6	3.7

Again there were marked differences between reported behavior and perceptions of others' behavior. Over one-fourth (27%) of the respondents indicated that they didn't "party" or did not drink at parties. But they thought that only 2% of all

students did not drink at parties. Likewise, one in ten respondents reported consuming 10 or more drinks at a party while believing that 20% of all students were in the 10 or more drinks category. The next two tables show individual drinking habits of all students and their perceptions of other students' habits.

When you party how many drinks do you have on the average?

	Percent
I don't party	15.4
NONE	12.2
1 or 2	17.1
3 to 5	27.5
6 to 9	17.5
10 or more	10.2
	100.0

How many drinks on the average do you think most students have when they party?

Value Label	Percent
NONE	1.9
1 or 2	1.9
3 to 5	23.8
6 to 9	52.9
10 or more	19.4
	100.0

"Party time" mirrored drinking habits. Younger students and males tended to party longer than older students and females, with those under the legal drinking age leading the pack. One quarter of those under the age of 18 stated that when they partied, they did so for about five hours and close to one in five (19%) did so for more than five hours. Two percent partied for nine or more hours. Over one in four (27%) between the ages of 18 and 20 reported as partying for more than five hours. Older students, however, were not quite so active. Approximately one in five respondents between the ages of 31 and 40 indicated that

they did not party and very few (18%) did so for longer than four hours. Again, males "out partied" females.

Females were twice as likely as males (8% to 4%) to not party and much less likely to party for extended periods of time. Slightly less than one-third (30%) of the male respondents indicated that when partying, they did so for more than five hours compared to 19% of the female respondents. The following tables show how long students partied by age and gender.

Hours spent "partying" by age

	Don't	(HOURS)								
AGE	Party	1	2	3	4	5	6	7	8	9 +
Under 18	3.3%	1.6%	8.2%	16.4%	26.2%	24.5%	13.1%	3.3%	1.6%	1.6%
18 - 20	5.6	1.4	6.1	10.7	22.4	26.6	16.4	6.5	2.8	1.4
21 - 24	3.8	0.0	3.8	11.3	24.5	26.4	20.8	7.5	0.0	1.9
25 - 30	6.9	0.0	13.8	37.9	20.7	6.9	13.8	0.0	0.0	0.0
31 - 40	17.6	5.9	17.6	14.7	26.5	8.8	2.9	5.9	0.0	0.0
41 +	11.1	11.1	22.2	44.4	11.1	0.0	0.0	0.0	0.0	0.0

Hours spent "partying" by gender

	Don't	(HOURS)								
AGE	Party	1	2	3	4	5	6	7	8	9 +
Male	3.7%	0.6%	9.3%	11.8%	18.0%	26.7%	19.3%	6.8%	1.9%	1.9%
Female	7.9	2.5	7.1	16.7	27.1	20.0	11.7	4.6	1.7	0.8

Experiencing negative consequences due to drinking was concentrated among males and younger students; however, in a few instances older students behaved worse than did the younger ones. Mixing alcohol with other drugs was quite prevalent among those between the ages of 31-40 where 31% admitted to doing so. What is more disturbing is the finding that nearly one-fourth (24%) of those under the age of 18 admitted to mixing alcohol with other drugs and that one-third of the males admitted to the same. Although practically all respondents admitted to driving while

under the influence, arrests for DUI were also more prevalent among the older respondents where 10% of those forty and older were "nabbed". By gender, males were in trouble much more than females. Over one in five (22%) of the males admitted to damaging property, 28% had a memory loss, 33% used alcohol with other drugs, and 58% drove while under the influence. Females, on the other hand, were most likely to encounter force or the threat of force for sexual relations when drinking. The following tables show behavior by age and gender.

Behavior when drinking by age

	(AGE)					
BEHAVIOR	Under 18	18-20	21-24	25-30	31-40	41 +
Physical injury to self	6.8%	12.3%	5.7%	3.2%	3.1%	0.0%
Physical injury to others	3.3	7.1	9.4	0.0	3.1	0.0
Fighting	21.7	25.1	23.1	0.0	3.1	0.0
Damage to property	15.0	14.2	13.2	3.2	0.0	0.0
Late papers, missed exams	1.7	10.4	15.1	0.0	3.1	0.0
In trouble with police/SPCC staff	6.7	10.4	9.4	0.0	0.0	0.0
Had a memory loss	26.7	26.7	17.0	9.7	15.6	0.0
Arrested for DUI	0.0	0.5	0.0	0.0	0.0	10.0
Cutting class	5.0	9.0	15.4	0.0	3.1	0.0
Used alcohol with other drugs	23.7	27.6	17.3	12.9	31.3	0.0
Encountered force or threat of force to have sex with	10.2	4.3	3.8	0.0	0.0	0.0
Driven while under the influence	46.7	47.4	54.7	45.2	37.5	40.0

Behavior when drinking by gender

	(GENDER)	
BEHAVIOR	Male	Female
Physical injury to self	12.7%	6.3%
Physical injury to others	9.4	3.3
Fighting	23.7	17.2
Damage to property	22.2	5.0
Late papers, missed exams	12.6	5.0
In trouble with police/SPCC staff	12.6	4.6
Had a memory loss	27.8	18.8
Arrested for DUI	1.3	0.0

Behavior when drinking by gender (continued)

BEHAVIOR	(GENDER) Male	Female
Cutting class	11.9	5.1
Used alcohol with other drugs	32.7	18.2
Encountered force or threat of force to have sex with	1.3	6.3
Driven while under the influence	58.5	39.3

As a lead into the next section, which covers student sexual activity and attitudes toward sex, there appears to be a positive relationship between drinking at parties and sex by force or the threat of force, especially among younger students. Among the respondents who drank last year and who had sexual intercourse, 10% of those who drank between six and nine drinks at parties reported as having had sexual intercourse by force or threat of force.

Alcohol use and forced sex were more prevalent among the younger students. Among those under the age of 18, 20% who drank between six and nine drinks at parties reported having been forced into having sex compared to no one over the age of 25. The following tables show the relationship between drinking at parties and sexual intercourse by force.

Drinking at parties and sexual intercourse by force.

NUMBER OF DRINKS	Yes
Don't party	7.7%
None	0.0
1 - 2	4.6
3 - 5	2.4
6 - 9	10.4
10 +	0.0

Drinking at parties by age and sexual intercourse by force.

NUMBER OF DRINKS	(YES) Under 18	18-20	21-24	25-30	31-40	41+
Don't party	0.0%	16.7%	0.0%	0.0%	0.0%	0.0%
None	0.0	0.0	0.0	0.0	0.0	0.0
1 - 2	10.0	4.8	14.3	0.0	0.0	0.0
3 - 5	12.5	1.5	0.0	0.0	0.0	0.0
6 - 9	20.0	11.8	7.1	0.0	0.0	0.0
10 +	0.0	0.0	0.0	0.0	0.0	0.0

SEXUAL ATTITUDES AND ACTIVITY:

Eight of ten (81%) respondents reported that they had engaged in sexual intercourse, most of which (59%) occurred within the past 30 days, and the vast majority (82%) were not married. This is not totally surprising since 84% of the respondents were not married. It is interesting to note, however, that 31% of the respondents reported having multiple sexual partners within the past year. Over three-fourths (78%) of those under the age of 18 had sexual intercourse at least once within the past 30 days, 22% eleven or more times. Also, of those under age 18, 40% had multiple partners last year, and none of the under 18 respondents were married. More interesting is the finding that 12% of the married and 39% of the unmarried respondents claimed to have had multiple partners within the past year.

By gender, just over one-third (37%) of the male and over a fourth (27%) of the female respondents had multiple partners. Despite being very sexually active, younger respondents had more intimate contact without intercourse than did most older respondents. Four of five (83%) of those under age 18 had

intimate contact without having intercourse, compared to 39% of those between the ages of 31-40. The following tables show sexual activity by age and marital status.

Had sexual intercourse?

Yes	81.1%
No	18.9

Married?

Yes	15.7%
No	84.3%

Sexual intercourse in past 30 days by age

	(NUMBER OF TIMES)				
AGE	None	1	2-4	5-10	11 +
Under 18	22.5%	7.5%	22.6%	22.6%	22.6%
18 - 20	31.2	9.1	22.1	21.2	16.3
21 - 24	23.5	7.8	25.5	23.5	19.6
25 - 30	19.4	8.3	16.7	41.7	13.9
31 - 40	26.9	5.8	25.0	32.7	9.6
41 +	25.0	8.3	50.0	16.7	0.0

Number of sexual partners in past year by age

	(NUMBER OF PARTNERS)				
AGE	None	1	2 - 4	5 - 10	10 +
Under 18	3.8%	52.6%	35.8%	3.8%	0.0%
18 - 20	9.1	58.2	28.8	2.9	1.0
21 - 24	9.9	41.2	37.3	11.8	0.0
25 - 30	10.5	73.7	15.8	0.0	0.0
31 - 40	15.7	72.5	11.8	0.0	0.0
41 +	0.0	84.6	7.7	0.0	7.7

Number of sexual partners in past year by marital status

MARITAL	(NUMBER OF PARTNERS)				
STATUS	None	1	2 - 4	5 - 10	10 +
Married	2.7%	85.1%	10.8%	0.0%	1.4%
Not Married	10.6	54.3	30.4	4.1	0.6

Intimate sexual contact but did not have intercourse by age

	(NUMBER OF TIMES)				
AGE	None	1	2-4	5-10	11 +
Under 18	17.0%	9.4%	20.8%	22.6%	30.2%
18 - 20	26.2	8.1	25.7	19.0	21.0
21 - 24	39.2	5.9	25.5	21.6	7.8
25 - 30	47.2	2.8	16.7	22.2	11.1
31 - 40	61.5	0.0	13.5	17.3	7.7
41 +	16.7	33.3	16.7	8.3	25.0

Although many respondents, especially the younger ones, indicated that they were quite active sexually, many of them were of the opinion that other students were more active than they. As it was pointed out above, about one in five sexually active respondents under the age of 18 had intimate contact without sexual intercourse between five and 10 times; however, over one-third (35%) thought that other students were engaging in like activities. Likewise, 23% of the sexually active respondents under the age of 18 admitted to engaging in sexual intercourse between five and ten times within the past 30 days, but just under one-third (31%) of them were of the opinion that other students were doing the same. Opinions about other students having multiple partners were similar. Just over half (57%) of the respondents under the age of 18 claimed to be monogamous; however only 4% thought that other students were monogamous. Four of five were of the opinion that most students had between two and four partners within the past year. The following tables show the respondents' perceptions of other students' sexual activities.

Perceptions of other students' sexual activities by age by respondents who had sexual intercourse

Intimate contact without intercourse within past 30 days

	(NUMBER OF TIMES)				
AGE	None[1]	1	2-4	5-10	11 +
Under 18	3.8%	1.9%	25.0%	34.6%	34.6%
18 - 20	3.9	7.8	34.1	36.1	18.0
21 - 24	4.3	6.4	40.4	40.4	8.5
25 - 30	5.6	11.1	47.2	25.0	11.1
31 - 40	10.0	18.0	40.0	28.0	4.0
41 +	12.5	12.5	62.5	12.5	0.0

Note: 5% of the respondents thought that no student had intimate contact without intercourse within the past 30 days

Sexual intercourse within past 30 days

	(NUMBER OF TIMES)				
AGE	None[1]	1	2-4	5-10	11 +
Under 18	0.0%	5.8%	32.7%	30.8%	30.8%
18 - 20	0.5	8.3	35.6	37.1	18.5
21 - 24	0.0	10.4	31.3	41.7	16.7
25 - 30	2.9	5.9	35.3	38.2	17.6
31 - 40	0.0	6.0	52.0	32.0	10.0
41 +	0.0	0.0	37.5	37.5	25.0

Note: Fewer than 1% of the respondents thought that no student had engaged in sexual intercourse within the past 30 days

Number of sexual partners within the past year

	(NUMBER PARTNERS)				
AGE	None[1]	1	2-4	5-10	11 +
Under 18	0.0%	3.8%	82.7%	11.5%	1.9%
18 - 20	0.5	5.4	78.5	14.1	1.5
21 - 24	4.1	6.1	69.4	16.3	4.1
25 - 30	5.7	11.4	68.6	14.3	0.0
31 - 40	0.0	16.0	80.0	4.0	0.0
41 +	0.0	0.0	87.5	12.5	0.0

Note: 1% of the respondents thought that no student had less than one sexual partner within the past year

Among students who were not sexually active, the perceptions were somewhat different. Close to one-half (44%) of them thought that other students had intimate contact between two and four times in the past 30 days, and over one-third (38%) thought that between five and ten occurrences was the norm. Also, several non-

active students were engaging in intimate sexual contact without having intercourse.

About one in six (16%) of those who reported not having had intercourse engaged in intimate contact between two and four times in the past 30 days and 16% did so five or more times. The following tables compare the perceptions of sexually active and non-active respondents toward intimate contact without having intercourse and their actual practices. Note that the majority of the non-active respondents do not engage in intimate contact either.

How many times in the past 30 days do you think other students had intimate sexual contact without having intercourse?

Number of times	All Students	Had Intercourse	Did Not Have Intercourse
none	5.1%	5.0%	5.3%
one	8.3	8.5	6.3
2 - 4	37.0	36.2	44.1
5 - 10	34.5	33.9	37.9
11 +	15.2	16.3	9.5

How many times in the past 30 days did you have intimate sexual contact with a partner, but did not have intercourse?

Number of times	All Students	Had Intercourse	Did Not Have Intercourse
none	37.9%	32.8%	61.2%
one	7.4	7.2	6.1
2 - 4	21.1	22.4	16.3
5 - 10	17.4	19.5	8.2
11 +	16.2	18.1	8.2

Also, there were differences in the perceptions about other students' sexual activities among sexually active and non-active respondents. Over one-half of the non-active respondents were of the opinion that other students were having intercourse between two and four times a month compared to just over one-third (36%)

of the active respondents. On the other hand, 8% of the non-active respondents thought that other students were having intercourse eleven or more times a month compared to 19% of the active respondents. Reality was somewhere between. One-fifth of the respondents reported having engaged in intercourse between two and four times in the past month. The following tables show the differences between the sexually active and non-active respondents toward other students' sexual behavior.

How many times in the past 30 days do you think other students had sexual intercourse?

Number of times	All Students	Had Intercourse	Have Not Had Intercourse
none	1.2%	0.5%	4.1%
one	8.2	7.6	10.3
2 - 4	40.0	36.8	52.6
5 - 10	33.9	36.3	24.7
11 +	16.7	18.9	8.2

As to promiscuity or the number of sexual partners one had during the past year, the sexually active respondents were more likely than non-active respondents to think that other students had several partners. About one of six non-active respondents thought that most students had only one partner compared to 7% of the active respondents. Likewise, 70% of the non-active respondents thought the average number of partners was between two and four compared to 76% of the active respondents. The next table shows the respondents' perceptions about the of number sexual partners other students had in the past year.

How many sexual partners do you think other students had within the past year?

Number of partners	All Students	Had Intercourse	Have Not Had Intercourse
none	1.4%	1.3%	1.0%
one	8.8	7.0	15.6
2 - 4	76.0	77.5	70.1
5 - 10	12.0	12.8	9.4
11 +	1.8	1.5	3.1

Despite being very sexually active, very few of the respondents reported having had problems with sexually transmitted diseases (STD). One percent or fewer respondents reported as having contracted an STD. Herpes at 1.4% was the most reported, followed by chlamydia and genital warts at 1%. Six percent of the respondents reported having experienced an unwanted pregnancy, mostly among the 18-20 year old group. Approximately one of ten (9%) from that age group reported having experienced an unwanted pregnancy; however, 7% of those over the age of 41 had similar experiences. Although very few (5%) reported being forced to have sex with another person, there is reason for concern as one of nine respondents reported having had that experience, and in most cases the aggressor was a male date or acquaintance. The following tables show the incidences of STD and forced sex.

Incidences of STD by age

	(PERCENT YES)					
AGE	Herpes	Chlamydia	Gonorrhea	Genital Warts	HIV	Other STD
Under 18	1.9%	1.9%	1.9%	1.9%	1.9%	1.9%
18 - 20	0.5	0.5	0.0	0.0	0.0	0.5
21 - 24	2.0	2.0	2.0	3.9	2.0	0.0
25 - 30	2.8	2.8	0.0	0.0	0.0	0.0
31 - 40	3.8	0.0	0.0	1.9	0.0	0.0
41 +	0.0	0.0	0.0	0.0	0.0	0.0
Column Total	1.4	1.0	1.0	1.0	0.5	0.5

Unwanted pregnancies by age

AGE	(YES)
Under 18	1.9%
18 - 20	9.2
21 - 24	4.0
25 - 30	5.6
31 - 40	0.0
41 +	7.1
Column total	6.0

Had sex with someone who used force or threat of force

AGE	(YES)
Under 18	9.4%
18 - 20	5.4
21 - 24	3.9
25 - 30	0.0
31 - 40	1.9
41 +	7.1
Column Total	4.9

Of those who responded "yes" to the above ...

AGE	Acquaintance	Stranger	Male	Female
Under 18	80.0%	0.0%	80.0%	0.0%
18 - 20	80.0	10.0	100.0	9.1
21 - 24	100.0	0.0	50.0	100.0
25 - 30	0.0	0.0	0.0	0.0
31 - 40	100.0	0.0	0.0	0.0
41 +	100.0	0.0	100.0	0.0
Column total	84.2	5.3	88.9	15.8

Although the incidence of STD and unwanted pregnancy was quite small, the lack of or sporadic use of protective devices indicates a potential for greater occurrences. Among the single respondents who had sexual intercourse within the past 30 days, there was a direct and inverse relationship between sexual activity and the use of condoms. And, as pointed out earlier, nearly all of the younger respondents were single.

Of the single respondents who had sexual intercourse at least once in the past 30 days, well over one third (38%) never used a condom; of those who had intercourse between five and ten times, over one-half (56%) did not use a condom. As to how often they used condoms, between a fourth and a third of the single respondents answered "rarely" or "never". The following tables show the use of condoms by single respondents.

Use of condoms in past 30 days by singles who had intercourse within past 30 days.

SEX IN	(TIMES USED CONDOM)				
PAST 30 DAYS	Zero	Once	2-4	5-10	11 or more
Once	37.9%	62.1%	n/a	n/a	n/a%
2 - 4	33.3	15.9	50.7	n/a	n/a
5 - 10	56.1	0.0	13.6	30.3	n/a
11 or more	80.0	0.0	4.0	9.0	7.0

How often condoms used during intercourse by singles who had intercourse within past 30 days.

SEX IN	(HOW OFTEN CONDOMS USED)				
PAST 30 DAYS	Always	Mostly	Sometimes	Rarely	Never
Once	32.3%	32.3%	19.4%	12.9%	3.2%
2 - 4	38.4	18.3	12.7	14.0	15.5
5 - 10	18.5	15.4	10.7	24.6	30.8
11 or more	7.1	1.8	16.1	26.8	48.2

One possible explanation for the infrequent use of condoms among single respondents is the failure to separate birth control from disease prevention. Birth control pills were the preferred method of preventing pregnancy by close to one-half (42%) of the single respondents, followed by condoms (36%). However, the "pill" was preferred by only 24% of the married respondents. Sterilization was their preferred method. And approximately three-fourths of both groups always used their preferred method.

The following tables show the preferred methods of birth control among marrieds and singles and how often they use that method.

Preferred method of birth control by marital status.

	(PREFERRED METHOD OF BIRTH CONTROL)					
MARITAL STATUS	Birth Control Pills	Intimate Contact	Condom	Sterilization	Other	None
Married	23.6%	0.0%	16.7%	37.5%	15.3%	6.9%
Single	43.2	1.5	37.1	3.6	7.6	7.0

How often preferred method used by marital status.

MARITAL STATUS	Always	Mostly	Sometimes	Rarely
Married	79.2%	11.1%	9.7%	0.0%
Single	76.1	16.8	3.7	3.4

EXERCISE AND HEALTH:

Most (76%) of the respondents exercised, the norm being approximately three (2.9) hours a week with no noticeable differences between older and younger students. However, nearly one-half (49%) of the respondents thought that they didn't exercise as much as other students. Not only did a greater proportion of males (80%) than females (73%) exercise, but males exercised more hours per week. Nearly one of five (19%) of the male respondents reported exercising eight or more house a week compared to 7% of the females. At the other extreme, one hour per week, females proportionally outnumbered males by a 2:1 ratio. The following tables show how often the respondents exercised by gender and age.

Do you exercise?

GENDER	Yes	No
Male	79.8%	20.2%
Female	73.4	26.6
Column Total	75.9	24.1

Hours a week exercised by gender

GENDER	Do not Exercise[1]	One	2 - 3	4 - 5	6 - 7	8 or more
Male	16.7%	6.7%	29.7%	18.2%	10.0%	18.7%
Female	23.9	13.5	31.8	17.0	6.9	6.9

Note 1: This total will not agree with the previous tables due to the different number of responses to each question.

Hours a week exercised by age

AGE	Do not Exercise	One	2 - 3	4 - 5	6 - 7	8 or more
Under 18	16.5%	5.1%	31.6%	17.7%	8.9%	20.3%
18 - 20	20.7	11.8	30.4	15.7	7.1	14.3
21 - 24	25.4	10.2	23.7	23.7	11.9	5.1
25 - 30	21.6	10.8	29.7	24.3	13.5	0.0
31 - 40	25.0	16.1	37.5	14.3	5.4	1.8
41 +	20.0	6.7	40.0	20.0	6.7	6.7

The perceptions about how much other students exercised were mixed. Students who exercised over four hours a week thought that most other students did the same, and students who did not exercise thought that most students did not exercise or did so for only a few hours a week. The following table shows the respondents' perceptions of how much other students exercised.

How many hours a week do you think most students exercise?

Number of hours	All Students	Do Exercise	Do Not Exercise
none	9.0%	6.6%	15.0%
one	21.2	21.8	20.0
2 - 3	49.0	46.9	56.7
4 - 5	18.4	21.5	8.3
6 - 7	2.0	2.7	0.0
8 +	0.4	0.5	0.5

Older respondents and females were more likely than younger students and males to consider themselves as overweight. Somewhat over one-third of the respondents under the age of 18 felt that they were overweight compared to 80% of those over the age of 40. Likewise, more than half (52%) of the female respondents considered themselves overweight compared to 29% of the males.

The next two tables show how the respondents felt about their weight.

Perceptions of self as to weight by gender and age.

GENDER	Overweight	Underweight	Just Right
Male	29.2%	15.3%	55.4%
Female	51.7	4.3	44.0

AGE	Overweight	Underweight	Just Right
Under 18	38.7%	9.3%	52.2%
18 - 20	36.2	9.8	54.4
21 - 24	44.6	10.7	44.6
25 - 30	56.8	10.8	32.4
31 - 40	56.4	1.8	41.8
41 +	80.0	0.0	20.0

The vast majority of respondents (93%) expressed some interest in a fitness center. Close to one-half (46%) were very interested and approximately one-third (31%) were somewhat interested. Over one-half (57%) indicated that they were willing to pay for using a fitness center if one were available. Also, younger students were just as willing as older students to pay for using the center. The following tables show the respondents' interest in a fitness center at SPCC.

Interest in a fitness center by age.

	(DEGREE OF INTEREST)			
AGE	Very	Somewhat	A little	Not at all
Less than 18	50.8%	32.9%	13.2%	3.9%
18 - 20	45.5	33.5	15.4	5.6
21 - 24	55.2	22.4	13.8	8.6
25 - 30	48.6	27.0	16.2	8.1
31 - 40	35.7	32.1	19.6	12.5
41 +	46.7	20.0	6.7	26.7
Column Total	46.4	31.2	15.1	7.3

Willingness to pay for use of fitness center by age.

AGE	Yes	No
Less than 18	60.5%	39.5%
18 - 20	53.6	46.4
21 - 24	53.4	46.6
25 - 30	75.0	25.0
31 - 40	58.2	41.8
41 +	61.5	38.5
Column Total	57.0	43.0

APPENDIX I
SURVEY INSTURMENT

AGE What is your age

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
less than 18	1	84	15.6	15.7	15.7
18 to 20	2	281	52.2	52.4	68.1
21 to 24	3	59	11.0	11.0	79.1
25 to 30	4	39	7.2	7.3	86.4
31 to 40	5	57	10.6	10.6	97.0
41 to 50	6	15	2.8	2.8	99.8
51 or older	7	1	.2	.2	100.0
	Total	538	100.0	100.0	

SEM_AT_S How many semesters have you been at Sauk

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
new to Sauk	1	256	47.6	48.5	48.5
one	2	53	9.9	10.0	58.5
two	3	31	5.8	5.9	64.4
three	4	87	16.2	16.5	80.9
four	5	30	5.6	5.7	86.6
five or more	6	71	13.2	13.4	100.0
	Total	538	100.0	100.0	

FT_OR_PT are you a full time student 12 or more credit hours

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	418	77.7	78.9	78.9
no	2	112	20.8	21.1	100.0
	Total	538	100.0	100.0	

GENDER What is your gender

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
male	1	210	39.0	39.5	39.5
female	2	321	59.7	60.5	100.0
	Total	538	100.0	100.0	

ETHNIC What is your ethnic background

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
Asian	1	3	.6	.6	.6
Afro American	2	3	.6	.6	1.1
Hispanic	3	26	4.8	4.9	6.1
White	4	486	90.3	92.0	98.1
Native American	5	5	.9	.9	99.1
Other	6	5	.9	.9	100.0
	Total	538	100.0	100.0	

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MARRIED Are you married

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	83	15.4	15.7	15.7
no	2	447	83.1	84.3	100.0
	Total	538	100.0	100.0	

WHERE_LI During the last year where did you live?

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
With parents	1	359	66.7	67.7	67.7
On your own	2	134	24.9	25.3	93.0
Other	3	37	6.9	7.0	100.0
	Total	538	100.0	100.0	

ATHLETE Are you a member of an intercollege athletic team?

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	58	10.8	10.9	10.9
no	2	474	88.1	89.1	100.0
	Total	538	100.0	100.0	

CURR_GPA What is your current GPA

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
3.5 to 4.0	1	86	16.0	16.3	16.3
3.0 to 3.4	2	131	24.3	24.8	41.1
2.5 to 2.9	3	113	21.0	21.4	62.5
2.0 to 2.4	4	30	5.6	5.7	68.2
less than 2.0	5	11	2.0	2.1	70.3
have not established	6	157	29.2	29.7	100.0
	Total	538	100.0	100.0	

READ_SIG Do you read the SIGNAL: the College newspaper?

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
always	1	15	2.8	2.8	2.8
sometimes	2	134	24.9	25.4	28.2
rarely	3	115	21.4	21.8	50.0
never	4	264	49.1	50.0	100.0
	Total	538	100.0	100.0	

GET_INFO How do you like to get your information about alcohol and sexuality issues?

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
speaker series	1	39	7.2	7.7	7.7
books	2	35	6.5	6.9	14.5
talking with friend	3	178	33.1	35.0	49.5
newspaper	4	42	7.8	8.3	57.8
credit course	5	14	2.6	2.8	60.5
talking with trusted adult	6	35	6.5	6.9	67.4
counseling/healthcare prov.	7	26	4.8	5.1	72.5
workshops	8	6	1.1	1.2	73.7
pamphlets	9	65	12.1	12.8	86.4
other	10	69	12.8	13.6	100.0
	Total	538	100.0	100.0	

ATT_DRIN Your own attitude toward drinking

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
drinking is nver a good thing	1	112	20.8	21.1	21.1
drinking ok but never get was	2	161	29.9	30.3	51.3
occasional drunk ok, doesn't	3	226	42.0	42.5	93.8
occasional drunk ok, even if	4	8	1.5	1.5	95.3
frequent drunk ok if individ	5	25	4.6	4.7	100.0
	Total	538	100.0	100.0	

ATT_DRI_ Your attitide toward drinking on this campus in general

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
drinking is nver a good thing	1	181	33.6	35.1	35.1
drinking ok but never get was	2	65	12.1	12.6	47.8
occasional drunk ok, doesn't	3	176	32.7	34.2	81.9
occasional drunk ok, even if	4	36	6.7	7.0	88.9
frequent drunk ok if individ	5	57	10.6	11.1	100.0
	Total	538	100.0	100.0	

DRI_LAST Did you drink at all this last year

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	404	75.1	76.2	76.2
no	2	126	23.4	23.8	100.0
	Total	538	100.0	100.0	

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DRI_PART When you party how many drinks do have on the averagr? (One drink is defined asa beer, a glass of wine, a shot of liquor, or a mixed drink) State your best estimate.

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
I don t party	1	82	15.2	15.4	15.4
NONE	2	65	12.1	12.2	27.7
1 or 2	3	91	16.9	17.1	44.8
3 to 5	4	146	27.1	27.5	72.3
6 to 9	5	93	17.3	17.5	89.8
10 or more	6	54	10.0	10.2	100.0
	Total	538	100.0	100.0	

STU_PART How many drinks on the average do you think most students have when they party?

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
NONE	1	10	1.9	1.9	1.9
1 or 2	2	10	1.9	1.9	3.9
3 to 5	3	123	22.9	23.8	27.7
6 to 9	4	273	50.7	52.9	80.6
10 or more	5	100	18.6	19.4	100.0
	Total	538	100.0	100.0	

HRS_PART When you party for how many hours do you party on the average? State your best estimate.

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
I don't party	1	95	17.7	18.1	18.1
1	2	13	2.4	2.5	20.6
2	3	43	8.0	8.2	28.8
3	4	73	13.6	13.9	42.7
4	5	103	19.1	19.7	62.4
5	6	100	18.6	19.1	81.5
6	7	62	11.5	11.8	93.3
7	8	22	4.1	4.2	97.5
8	9	8	1.5	1.5	99.0
9 or more	10	5	.9	1.0	100.0
	Total	538	100.0	100.0	

Within the last year, did any of the following occur as a consequence of your drinking?

INJR_SEL Physical injury to yourself

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	36	6.7	8.6	8.6
no	2	383	71.2	91.4	100.0
	Total	538	100.0	100.0	

INJR_OTH Physical injury to others

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	26	4.8	6.2	6.2
no	2	393	73.0	93.8	100.0
	Total	538	100.0	100.0	

FIGHTING Fighting

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	81	15.1	19.4	19.4
no	2	336	62.5	80.6	100.0
	Total	538	100.0	100.0	

DAMG_PRO Damage to property

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	49	9.1	11.7	11.7
no	2	369	68.6	88.3	100.0
	Total	538	100.0	100.0	

LATE_PAP Late papers missed exams or failure to study for exams

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	34	6.3	8.1	8.1
no	2	384	71.4	91.9	100.0
	Total	538	100.0	100.0	

IN_TROUB In trouble with police or college staff

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	33	6.1	7.9	7.9
no	2	385	71.6	92.1	100.0
	Total	538	100.0	100.0	

MEMORY_L Had a memory loss

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	91	16.9	21.8	21.8
no	2	326	60.6	78.2	100.0
	Total	538	100.0	100.0	

ARREST_D Arrested for DUI

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	4	.7	1.0	1.0
no	2	413	76.8	99.0	100.0
	Total	538	100.0	100.0	

CUT_CLAS Cutting class

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	32	5.9	7.7	7.7
no	2	384	71.4	92.3	100.0
	.	121	22.5	Missing	
	0	1	.2	Missing	
	Total	538	100.0	100.0	

ALCH_OTH Used alcohol with other drugs

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	97	18.0	23.4	23.4
no	2	318	59.1	76.6	100.0
	.	122	22.7	Missing	
	0	1	.2	Missing	
	Total	538	100.0	100.0	

FORCE_SE Had someone use force or threat of force to have sex with you.

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	18	3.3	4.3	4.3
no	2	399	74.2	95.7	100.0
	.	120	22.3	Missing	
	0	1	.2	Missing	
	Total	538	100.0	100.0	

DRIVE_IN Driven while under the influence

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	189	35.1	45.2	45.2
no	2	229	42.6	54.8	100.0
	.	119	22.1	Missing	
	0	1	.2	Missing	
	Total	538	100.0	100.0	

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HAD_INTR Have you ever had sexual intercourse

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	424	78.8	81.1	81.1
no	2	99	18.4	18.9	100.0
	.	14	2.6	Missing	
	0	1	.2	Missing	
	Total	538	100.0	100.0	

INT_NO_S How many times in the past 30 days had intimate sexual contact with a partner, but did not have intercours.

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
zero	1	196	36.4	37.9	37.9
one	2	38	7.1	7.4	45.3
2 to 4	3	109	20.3	21.1	66.3
5 to 10	4	90	16.7	17.4	83.8
11 or more	5	84	15.6	16.2	100.0
	.	20	3.7	Missing	
	0	1	.2	Missing	
	Total	538	100.0	100.0	

STU_INT_ How many times in past 30 days think most students have had intimate sexual contact with a partner but did not have intercourse.

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
zero	1	25	4.6	5.1	5.1
one	2	41	7.6	8.3	13.3
2 to 4	3	183	34.0	37.0	50.3
5 to 10	4	171	31.8	34.5	84.8
11 or more	5	75	13.9	15.2	100.0
	.	43	8.0	Missing	
	Total	538	100.0	100.0	

SEX_30_D How many times in past 30 days did you have you had sexual intercourse?

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
have not had intercourse	1	126	23.4	24.6	24.6
none	2	83	15.4	16.2	40.7
one	3	36	6.7	7.0	47.8
2 to 4	4	99	18.4	19.3	67.1
5 to 10	5	102	19.0	19.9	86.9
11 or more	6	67	12.5	13.1	100.0
	.	25	4.6	Missing	
	Total	538	100.0	100.0	

STU_SEX_ How many times in past 30 days do you think other students have had sexual intercourse?

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
zero	1	6	1.1	1.2	1.2
one	2	41	7.6	8.2	9.4
2 to 4	3	199	37.0	40.0	49.4
5 to 10	4	169	31.4	33.9	83.3
11 or more	5	83	15.4	16.7	100.0
	.	38	7.1	Missing	
	0	2	.4	Missing	
	Total	538	100.0	100.0	

USE_COND How often in past 30 days have you/your partner used a condom during intercourse?

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
have not had intercorse	1	181	33.6	35.5	35.5
zero	2	197	36.6	38.6	74.1
one	3	36	6.7	7.1	81.2
2 to 4	4	54	10.0	10.6	91.8
5 to 10	5	35	6.5	6.9	98.6
11 or more	6	7	1.3	1.4	100.0
	.	28	5.2	Missing	
	Total	538	100.0	100.0	

STU_CONT How often in past 30 days do you think most students used a condom during intercourse?

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
always	1	15	2.8	3.0	3.0
mostly	2	160	29.7	31.7	34.7
sometimes	3	257	47.8	50.9	85.5
rarely	4	69	12.8	13.7	99.2
never	5	4	.7	.8	100.0
	.	33	6.1	Missing	
	Total	538	100.0	100.0	

SEX_PAR_ How many sexual partners have you had within the past year?

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
have not had intercourse	1	116	21.6	22.5	22.5
not had intercouse in past yr	2	18	3.3	3.5	26.0
one	3	252	46.8	48.9	75.0
2 to 4	4	111	20.6	21.6	96.5
5 to 10	5	15	2.8	2.9	99.4
10 or more	6	3	.6	.6	100.0
	.	23	4.3	Missing	
	Total	538	100.0	100.0	

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STU_PAR_ How many sexual partners do you think most students have had within past year?

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
zero	1	7	1.3	1.4	1.4
one	2	44	8.2	8.8	10.2
2 to 4	3	381	70.8	76.0	86.2
5 to 10	4	60	11.2	12.0	98.2
11 or more	5	9	1.7	1.8	100.0
	.	36	6.7	Missing	
	0	1	.2	Missing	
	Total	538	100.0	100.0	

SEX_ORIE Please indicate your sexual orientation

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
heterosexual	1	488	90.7	95.1	95.1
bi sexual	2	11	2.0	2.1	97.3
homosexual	3	8	1.5	1.6	98.8
unsure	4	6	1.1	1.2	100.0
	.	22	4.1	Missing	
	0	3	.6	Missing	
	Total	538	100.0	100.0	

HOW_OFT_ When have intercourse how often do you use a condom?

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
have not had intercorse	1	104	19.3	20.5	20.5
always	2	102	19.0	20.1	40.6
mostly	3	61	11.3	12.0	52.6
sometimes	4	54	10.0	10.6	63.2
rarely	5	68	12.6	13.4	76.6
never	6	119	22.1	23.4	100.0
	.	30	5.6	Missing	
	Total	538	100.0	100.0	

PREV_PRE Which method do you most often use to pregnancy? (mark only one)

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
have not had intercourse	1	91	16.9	17.9	17.9
birth control pill	2	163	30.3	32.1	50.0
intimate contact not incl sex	3	11	2.0	2.2	52.2
condom	4	137	25.5	27.0	79.1
sterlization	5	40	7.4	7.9	87.0
other	6	36	6.7	7.1	94.1
use no method	7	30	5.6	5.9	100.0
	.	30	5.6	Missing	
	Total	538	100.0	100.0	

HOW_OFT1 How often do you use the method you mark for 41?

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
have not had intercourse	1	99	18.4	19.6	19.6
always	2	312	58.0	61.7	81.2
mostly	3	64	11.9	12.6	93.9
sometimes	4	20	3.7	4.0	97.8
rarely	5	11	2.0	2.2	100.0
	.	32	5.9	Missing	
	Total	538	100.0	100.0	

Have any of the following conditions happende to you within the past year?

HERPES Genetal herpes

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	7	1.3	1.4	1.4
no	2	511	95.0	98.6	100.0
	.	19	3.5	Missing	
	0	1	.2	Missing	
	Total	538	100.0	100.0	

CHLAMYDI Chlamydia

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	5	.9	1.0	1.0
no	2	514	95.5	99.0	100.0
	.	18	3.3	Missing	
	0	1	.2	Missing	
	Total	538	100.0	100.0	

GONORRHE Gonorrhea

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	3	.6	.6	.6
no	2	514	95.5	99.4	100.0
	.	20	3.7	Missing	
	0	1	.2	Missing	
	Total	538	100.0	100.0	

GENTAL_W Genetal warts condyloma

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	5	.9	1.0	1.0
no	2	514	95.5	99.0	100.0
	.	18	3.3	Missing	
	0	1	.2	Missing	
	Total	538	100.0	100.0	

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HIV Infection with HIV AIDs virus

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	3	.6	.6	.6
no	2	517	96.1	99.4	100.0
	.	17	3.2	Missing	
	0	1	.2	Missing	
	Total	538	100.0	100.0	

OTHER_ST Other sexually transmitted disease

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	3	.6	.6	.6
no	2	515	95.7	99.4	100.0
	.	19	3.5	Missing	
	0	1	.2	Missing	
	Total	538	100.0	100.0	

UNWANT_P Experienced unwanted pregnancy

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	26	4.8	5.0	5.0
no	2	491	91.3	95.0	100.0
	.	20	3.7	Missing	
	0	1	.2	Missing	
	Total	538	100.0	100.0	

FORCED_S Had sex with someone who used force or treat of force to have sex with you?

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	22	4.1	4.3	4.3
no	2	493	91.6	95.7	100.0
	.	23	4.3	Missing	
	Total	538	100.0	100.0	

If you answered yes to question 50, was the person who forced you to have sex:

ACQUNT_D An acquaintaince and or date

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	41	7.6	64.1	64.1
no	2	23	4.3	35.9	100.0
	.	474	88.1	Missing	
	Total	538	100.0	100.0	

STRANGER A stranger

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	6	1.1	14.0	14.0
no	2	37	6.9	86.0	100.0
	.	475	88.3	Missing	
	0	20	3.7	Missing	
	Total	538	100.0	100.0	

MALE Male

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	19	3.5	47.5	47.5
no	2	21	3.9	52.5	100.0
	.	484	90.0	Missing	
	0	14	2.6	Missing	
	Total	538	100.0	100.0	

FEMALE Female

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	7	1.3	15.2	15.2
no	2	39	7.2	84.8	100.0
	.	486	90.3	Missing	
	0	6	1.1	Missing	
	Total	538	100.0	100.0	

EXERCISE Do you exercise

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	402	74.7	76.0	76.0
no	2	127	23.6	24.0	100.0
	.	7	1.3	Missing	
	0	2	.4	Missing	
	Total	538	100.0	100.0	

HRS_EXER How many hours week do you exercise

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
do not exercise	1	112	20.8	21.2	21.2
one	2	57	10.6	10.8	31.9
2 to 3	3	164	30.5	31.0	62.9
4 to 5	4	92	17.1	17.4	80.3
6 to 7	5	43	8.0	8.1	88.5
8 or more	6	61	11.3	11.5	100.0
	.	9	1.7	Missing	
	Total	538	100.0	100.0	

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HRS_STU_ How many hours week do you think most students exercise?

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
zero	1	45	8.4	9.0	9.0
one	2	106	19.7	21.2	30.2
two or three	3	245	45.5	49.0	79.2
four or five	4	92	17.1	18.4	97.6
six or seven	5	10	1.9	2.0	99.6
8 or more	6	2	.4	.4	100.0
	.	38	7.1	Missing	
	Total	538	100.0	100.0	

USE_FIT_ If Sauk had a fitness center, how interested would you be in using it?

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
very	1	236	43.9	46.3	46.3
somewhat	2	160	29.7	31.4	77.6
a little	3	77	14.3	15.1	92.7
not at all	4	37	6.9	7.3	100.0
	.	24	4.5	Missing	
	0	4	.7	Missing	
	Total	538	100.0	100.0	

PAY_FIT_ If Sauk had fitness center would you be willing to pay for its use?

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
yes	1	286	53.2	56.9	56.9
no	2	217	40.3	43.1	100.0
	.	28	5.2	Missing	
	0	7	1.3	Missing	
	Total	538	100.0	100.0	

HOW_SEE_ How do you see yourself

Value Label	Value	Frequency	Percent	Valid Percent	Cum Percent
overweight	1	217	40.3	42.9	42.9
underweight	2	44	8.2	8.7	51.6
just right	3	245	45.5	48.4	100.0
	.	31	5.8	Missing	
	0	1	.2	Missing	
	Total	538	100.0	100.0	